

An easy read
leaflet to **help**
victims of crime



VICTIMS FIRST

Care | Empower | Recover

How can I contact Victims First?



Call us on
0300 1234 148



Live Chat
Talk to us online
Available 24 hours a day, 7 days a week
www.victims-first.org.uk



Fill in a form online
www.victims-first.org.uk

Monday to Thursday
9am to 6pm



Friday
9am to 4.30pm



What is Victims First?

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Will talk to you



And help



With how you are feeling
and any needs you may have



Gives free



Support and help



To victims of
any crime aged 5+



Their families
and witnesses



You do not need to talk to the police
to get our help



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